

THOUGHT OF THE MONTH:

I Believe....

That our background and circumstances may have influenced who we are,
But, we are responsible for who we become.



In this month's issue:

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- Did You Know
- Volunteering Vs HACC Services
- Training Offered
- Qualifications Based Training



Volunteer's Stories

Why do you volunteer?

We want to include your story in our newsletter to share with others. Please email or contact us about why you volunteer and what keeps you going. Your story supports other volunteers and help organisations to understand what motivates volunteers.

Thank You..

Introduction:

Welcome to Volunteering Service's newsletter, we hope you enjoy reading our newsletter and at the same time gain some worthwhile information.

Over the next few editions the focus will be on the changing trends that are occurring in volunteering and how that may affect HACC services recruiting and working with volunteers. We will address and include different links to articles from leading experts in the field of volunteering, including forums held by the Department of Communities.

Training is another leading area of expansion and accessibility, again over the next few editions we will be providing information to assist in linking your paid and unpaid workers to accessing accredited and non-accredited training. Addressing processes involved and connections to training organisation's to create a smoother pathway for workers to up skill. With the ideology of reducing some of the negative perception that are sometime held due to past experiences when applying for qualifications and hopefully inspire workers to take that next step.

If you haven't already thought about it now is the time, *National Volunteer Week*, coming up in May. This is a great time to do a little extra something for your volunteers. On last page of the newsletter, there are some ideas included, along with websites that you can visit to gain resources or ways to create your own.

Thank you for joining us and we look forward to sharing some wonderful stories and valuable information with you in the next edition.

Thanks and remember "Sharing is Caring"

DID YOU KNOW

Sudden unexpected death in epilepsy (SUDEP) is the most common cause of epilepsy-related death and responsible for about 150 Australian deaths each year yet the underlying cause has remained a mystery. New findings from Professor Chris Semsarian and his team at The Centenary Institute have revealed that faulty heart genes may be the missing link. If you would like to find out more information visit; <http://www.centenary.org.au/>

DID YOU KNOW

HACC funded Dementia Advisor and Support Services (DASS) have been set up across the State to support HACC Service Providers who are working with clients with memory loss and dementia.

Support is individually client centred and designed to assist your staff and carers to provide optimal client care and support.

If your staff are experiencing issues working with a client with dementia, please phone DASS and see how we may be able to assist your client and their carer as well as your staff and volunteers.

Please contact: 07 3432 6035 or email ruth.collie@ozcare.org.au

As of tomorrow, employees will only be able to access the building using individual security cards. Pictures will be taken next Wednesday, and employees will receive their cards in two weeks."

***Onelink*** – Contract Employment Solutions

Onelink provides quality Community Services Sector staffing solutions, including qualified and experienced temporary and permanent staffing options.

Until 30 June 2011 we are also able to organise the **delivery of free** community services training (Cert III Disability, HACC, Aged Care) under the "Train to Care" Project.

For further information please call **Onelink** on 3209 9581 or visit our web site www.onelink.net.au



Shrove Tuesday

In 2011 due to when Easter falls in April, Shrove Tuesday (Pancake Tuesday) is celebrated on the 8th March.

During the Fast of Lent Christians were not allowed to eat meat, eggs, or fats so housewives used up these foods on Shrove Tuesday, the day before Lent, by making pancakes.

QUIRE OF PAPER 1569

Ingredients;

1 tablespoon flour	2 x 5ml teaspoons sugar
7 oz (200ml) cream	Grated nutmeg
2 eggs	2oz (50g) butter
2 dessertspoons (20ml) sherry	1oz (25g) butter for cooking
1 x 5ml teaspoon orange flower water	

Method;

Melt 2 oz (50ml) butter and leave to cool but not solidify. Gradually stir in flour, cream, beaten eggs, sherry, orange flower water, sugar and nutmeg. Beat until well blended.

Melt 1 oz (25g) butter in an omelette pan, remove excess. Run in batter as thinly as possible and fry until coloured on each side.

Thank you to "Lincoln Cathedral Cookery Book".

Therapeutic Photography Courses

Therapeutic photography courses are now being offered and have been developed suitable for people with a disability, mental health issue and marginalised youth.

Age, language or level of disability is not a barrier.

Three courses are currently offered and they are Introduction to Basic Digital Photography, Sound Images and Producing Your Own Newsletter

Richard McLaren is a qualified teacher/trainer (Dip. T and Cert. IV in Training and Assessment) and is the holder of a current Blue card and Disability Card and is the facilitator for the Springfield Mental Health Support Group.

If you would like to find out more information please contact Richard on 3470 0557 or 0429 485 921 or email: richard@integratedimages.org.au

Where is Volunteering Headed for HACC Services??

Volunteering infrastructures and systems was originally established by the “**Silent Generation**” which stems from the Great Depression and World War II. This is the generation that devoted their time to building communities and linking people together. Their dedication was steadfast and persevering, which lead to the involvement of on-going volunteering and commitment. A few from this generation are still volunteering, however due the aged group being 67 years and over, within the next 10 years this generation will be retired from volunteering.

Through the “**Silent Generation**” the “**Baby Boomers**” were born, this is a generation ranging from 47 to 67 years; they can be serious and hardworking or frivolous and indulgent. There are two kinds of Baby Boomers due to the generation spanning over 20 years, the “**older Baby Boomer**” and the “**younger Baby Boomers**”. The Baby Boomers while different to the Silent Generation still have that sense of community; however they were more likely to participate in volunteering as an obligation to supporting their family, such as sporting activities etc. In regards to formal volunteering (organisational) the main attraction was for and on some level continues to be for social interaction rather than through a sense of duty.

While statistics have shown a high percentage of Baby Boomers actively volunteering, it has also been recorded that Baby Boomers are less likely to volunteer if they have not in their younger years participated in voluntary work. With the economy changes that have taken place over the past 10 years, more Baby Boomers have opted to volunteer or resume their studies and gain qualifications; however this may not have been the case if government unemployment policies had not of changed over the past years.

“**Generation X**” were born from 1965 to 1980, this generation is not as high as the Baby Boomers, due to the decline in births over this period. However it is a generation that is known as the “**Latchkey Kids**” due to being a generation where both parents were working and kids spending more time at home with no to little parental supervision. If this generation cannot see the reason for the task given, they will question it. If you cannot keep them engaged then they will seek it in another place. **Generation X and Y (born mid 1980s)** are willing and enthusiastic, and must be worked with differently from volunteers in the older age group. Both X & Y generations are technology savvy, and must see results for their work and know what they are going to gain from it. A high number of **Generation Y** has qualification prior to leaving school or before their 25 years old.

In summary you can see why old management styles and expectation of volunteering have to change.

Silent Generation – was steadfast and happy to volunteer just to help the community, reliable and would stay long-term with an organisation.

Baby Boomers – need a reason to volunteer, besides helping out in the community. Their commitment levels are short to medium term due to other commitments in their lives and will move on quickly if they are not happy with their positions.

Generation X – see volunteering both as a developmental step in their career and as an expression of identity and values. More likely to stay in one position for a short time, until they gain the experience needed or move onto a paid position. This generation is up-to-date on technology, can assist with newsletters, promotional means, planning activities, to gain best result, get them involved.

Generation Y – are well educated and look for mental stimulation and purpose of duties given. They are technology savvy, this generation can help you with your websites, social medias, they work well together in team collaborations.

National Volunteer Week 2011: Inspiring the Volunteer in You

National Volunteer Week, 9-15 May 2011



National Volunteer Week (NVW) is the largest celebration of volunteers and volunteerism in Australia, and provides an opportunity to highlight the role of volunteers in our communities and to say thank you to more than 5 million Australians who volunteer.

There are many ways to celebrate and say thank you to your volunteers. Visit **Volunteering Australia** for ideas www.volunteeringaustralia.org download a certificate of appreciation on behalf of Volunteering Australia and the organisation. Other ways to show recognition is to create personalised bookmarks, with inspirational quotation, see **Judy Esmond's (the leading international expert on volunteering)**, website www.morevolunteers.com You can also order quote magnets or mini thank you cards, or you can create your own thank you cards. There are many inexpensive ways to say a special thank you to your volunteers, just be creative.

Training Calendar 2011

Date	Topic	Venue	Time
16 th March	Completing Organisational Documentation Training	Jymbilung House Beautesert	3pm 5pm
24 th March	Food Safety Workshop	LANDS Woodridge	1.30pm 4.30pm
5 th April	Let's Open the Box (CALD Training)	Crestmead Community Centre	2pm 4pm



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